

## XXX JUBILEUSZOWY BIEG GWARKÓW 2009

WYNIKI ZAWODÓW

## Bieg Memoriałowy J.Pawlika 10km

Organizator: OSIR Wałbrzych

Termin: 08 luty 2009 roku

Miejsce: Andrzejówka

Dystans: 10km

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name          | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                          | R-k<br>YoB | W kategorii<br>in Age | Grupy<br>Group | Sex   | Wynik<br>Total | Wynik<br>Netto | [km/h] | Międzyczasy   | Check points  |
|-----------------|-----------|----------------------------------|---------------------|-------------|------------------------------------------|------------|-----------------------|----------------|-------|----------------|----------------|--------|---------------|---------------|
| 1               | 207       | MEISSNER PIOTR                   | KARTUZY             | POL         | GKS CARTUSIA KARTUZY UNIWERSYTET GDAŃSKI | 89         | M1/1                  | AMD/1          | (M)1  | 00:36:07       | 00:36:07       | 16.61  | 00:18:20 / 2  | 00:25:50 / 3  |
| 2               | 49        | HAJDUK MATEUSZ                   | LUBAWKA             | POL         |                                          | 92         | M1/2                  |                | (M)2  | 00:36:22       | 00:36:22       | 16.50  | 00:18:31 / 3  | 00:25:48 / 2  |
| 3               | 354       | WILIŃSKI MATEUSZ                 | BRÓJCE              | POL         | GLKS MIAZGA                              | 91         | M1/3                  |                | (M)3  | 00:37:59       | 00:37:59       | 15.80  | 00:18:50 / 4  | 00:26:37 / 4  |
| 4               | 145       | WAWRZYNIAK BOGUSŁAW              | OSTRÓW -<br>WROCŁAW | POL         | MARATON OSTRÓW WLKP. ABSOLWENT AWF       | 65         | M3/1                  |                | (M)4  | 00:39:54       | 00:39:54       | 15.04  | 00:19:35 / 5  | 00:27:30 / 5  |
| 5               | 120       | SZUK MATEUSZ                     | KOWALOWA            | POL         |                                          | 87         | M1/4                  | AMD/2          | (M)5  | 00:40:01       | 00:40:01       | 14.99  | 00:20:46 / 7  | 00:28:30 / 7  |
| 6               | 150       | STEFANOW MARCIN                  | WAŁBRZYCH           | POL         |                                          | 80         | M1/5                  |                | (M)6  | 00:40:18       | 00:40:18       | 14.89  | 00:20:09 / 6  | 00:28:28 / 6  |
| 7               | 85        | URBANIAK KAZIMIERZ               | WAŁBRZYCH           | POL         |                                          | 65         | M3/2                  |                | (M)7  | 00:40:28       | 00:40:28       | 14.83  | 00:21:07 / 8  | 00:29:00 / 8  |
| 8               | 164       | LESZKO MICHAŁ                    | ŚWIDNICA            | POL         |                                          | 80         | M1/6                  |                | (M)8  | 00:43:17       | 00:43:17       | 13.86  | 00:22:35 / 9  | 00:30:39 / 9  |
| 9               | 114       | CZERNY BOGUSŁAW                  | KOWARY              | POL         | KB KOWARY                                | 54         | M4/1                  |                | (M)9  | 00:44:34       | 00:44:34       | 13.46  | 00:22:54 / 10 | 00:31:23 / 10 |
| 10              | 329       | SZEREMETA JAROSŁAW               | BIELAWA             | POL         | ULKS MUFLON                              | 71         | M2/1                  |                | (M)10 | 00:45:58       | 00:45:58       | 13.05  | 00:23:47 / 12 | 00:32:30 / 11 |
| 11              | 352       | SÓJKA MIROSŁAW                   | BRÓJCE              | POL         | GLKS MIAZGA BRÓJCE _                     | 68         | M3/3                  |                | (M)11 | 00:46:51       | 00:46:51       | 12.81  | 00:23:45 / 11 | 00:32:53 / 12 |
| 12              | 156       | MACIUKIEWICZ WOJCIECH            | WROCŁAW             | POL         | SPORTIMA ABSOLWENT AWF WROCŁAW           | 52         | M4/2                  |                | (M)12 | 00:48:23       | 00:48:23       | 12.40  | 00:25:07 / 14 | 00:34:35 / 13 |
| 13              | 261       | FALKOWSKI SEBASTIAN              | BOGUSZÓW            | POL         |                                          | 82         | M1/7                  | AMD/3          | (M)13 | 00:51:04       | 00:51:04       | 11.75  | 00:24:52 / 13 | 00:36:20 / 15 |
| 14              | 115       | GWALT KRYSZTIAN                  | CZARNY-BÓR          | POL         |                                          | 85         | M1/8                  |                | (M)14 | 00:51:08       | 00:51:08       | 11.73  | 00:25:46 / 15 | 00:35:19 / 14 |
| 15              | 440       | CICHOSZEWSKI<br>MIECZYŚŁAW       | PRZEMKÓW            | POL         |                                          | 92         | M1/9                  |                | (M)15 | 00:51:37       | 00:51:37       | 11.62  | 00:27:44 / 23 | 00:38:24 / 19 |
| 16              | 341       | ORTYŃSKI WOJCIECH                | LUBIN               | POL         |                                          | 93         |                       |                | (M)16 | 00:52:22       | 00:52:22       | 11.46  | 00:25:54 / 16 | 00:36:42 / 16 |
| 17              | 66        | MICHOŃ MARIUSZ                   | MILKÓW              | POL         | KS ŚNIEŻKA KARPACZ                       | 93         |                       |                | (M)17 | 00:52:55       | 00:52:55       | 11.34  | 00:16:53 / 1  | 00:24:07 / 1  |
| 18              | 30        | PAWLIK MARCIN                    | WAŁBRZYCH           | POL         |                                          | 83         | M1/10                 |                | (M)18 | 00:53:10       | 00:53:10       | 11.29  | 00:26:39 / 18 | 00:38:11 / 17 |
| 19              | 342       | JAGIELSKI JAN                    | JELENIA GÓRA        | POL         | UNIWERSTET JAGIELONSKI                   | 46         | M5/1                  |                | (M)19 | 00:53:34       | 00:53:34       | 11.20  | 00:27:13 / 21 | 00:38:38 / 20 |
| 20              | 141       | SZEWczyk ANTONI                  | JAWORZYNA           | POL         | MKS KAROLINA                             | 59         | M3/4                  |                | (M)20 | 00:53:38       | 00:53:38       | 11.19  | 00:26:27 / 17 | 00:38:17 / 18 |
| 21              | 97        | JNGLOT IWONA                     | JAWOR               | POL         | SPÓŁDZIELNIA INWALIDÓW IMPRODUS JAWOR    | 66         | K3/1                  |                | (K)1  | 00:54:20       | 00:54:20       | 11.04  | 00:28:39 / 27 | 00:39:12 / 22 |
| 22              | 40        | KLUBA ANDRZEJ                    | WAŁBRZYCH           | POL         |                                          | 56         | M4/3                  |                | (M)21 | 00:54:21       | 00:54:21       | 11.04  | 00:27:10 / 20 | 00:39:01 / 21 |
| 23              | 171       | ŻEREBIEC JACEK                   | GOLESZO             | POL         |                                          | 74         | M2/2                  |                | (M)22 | 00:55:02       | 00:55:02       | 10.90  | 00:27:18 / 22 | 00:39:34 / 26 |
| 24              | 427       | TWARDOWSKA<br>WIŚNIEWSKA MARIOLA | MIĘDZYLESIE         | POL         |                                          | 65         | K3/2                  |                | (K)2  | 00:55:07       | 00:55:07       | 10.89  | 00:27:07 / 19 | 00:39:32 / 25 |
| 25              | 77        | RUBAN HENRYK                     | LEGNICA             | POL         |                                          | 49         | M5/2                  |                | (M)23 | 00:55:28       | 00:55:28       | 10.82  | 00:28:21 / 25 | 00:39:25 / 24 |
| 26              | 127       | ŚWIERK SEWERYN                   | JANOWICE            | POL         |                                          | 79         | M1/11                 |                | (M)24 | 00:56:39       | 00:56:39       | 10.59  | 00:27:45 / 24 | 00:39:22 / 23 |

| Miejsce Rank | Nr Bib | Nazwisko i imię Name   | Miejscowość City | Kraj Nat | Drużyna Team                                | R-k YoB | W kategorii In Age | Grupy Sex | Wynik Total | Wynik Netto | Międzyczasy [km/h] | Check points  |               |               |
|--------------|--------|------------------------|------------------|----------|---------------------------------------------|---------|--------------------|-----------|-------------|-------------|--------------------|---------------|---------------|---------------|
| 27           | 55     | SONNEK MARCIN          | SYCÓW            | POL      |                                             | 85      | M1/12              | (M)25     | 00:56:54    | 00:56:54    | 10.54              | 00:28:30 / 26 | 00:39:49 / 27 |               |
| 28           | 319    | SKORUPSKI ANDRZEJ      | KĄKOLEWO         | POL      |                                             | 58      | M4/4               | (M)26     | 00:57:27    | 00:57:27    | 10.44              | 00:29:39 / 34 | 00:41:30 / 30 |               |
| 29           | 57     | MYJAK KRZYSZROF        | BOGUSZÓW-GORC    | POL      | BOGUSZÓW GORCE                              | 80      | M1/13              | (M)27     | 00:58:06    | 00:58:06    | 10.33              | 00:30:04 / 41 | 00:41:12 / 28 |               |
| 30           | 343    | LIPIŃSKI BARTOSZ       | JELENIA GÓRA     | POL      |                                             | 49      | M5/3               | (M)28     | 00:58:19    | 00:58:19    | 10.29              | 00:29:20 / 31 | 00:41:45 / 31 |               |
| 31           | 283    | RANOWICZ PIOTR         | WAŁBRZYCH        | POL      |                                             | 76      | M2/3               | (M)29     | 00:58:30    | 00:58:30    | 10.26              | 00:29:26 / 32 | 00:42:07 / 32 |               |
| 32           | 251    | ŁYSAK BARTOSZ          | JEDLINA ZDRÓJ    | POL      | LKKS GÓRNIK WAŁBRZYCH                       | 90      | M1/14              | (M)30     | 00:58:41    | 00:58:41    | 10.22              | 00:29:10 / 30 | 00:41:22 / 29 |               |
| 33           | 112    | SIKORSKI GRZEGORZ      | GLUSZYCA         | POL      |                                             | 72      | M2/4               | (M)31     | 00:58:48    | 00:58:48    | 10.20              | 00:29:04 / 29 | 00:42:13 / 33 |               |
| 34           | 61     | LUBRYKA REMIGIUSZ      | SYCÓW            | POL      |                                             | 76      | M2/5               | (M)32     | 00:59:01    | 00:59:01    | 10.17              | 00:29:43 / 36 | 00:42:34 / 35 |               |
| 35           | 331    | KAUCKA ALICJA          | BIELAWA          | POL      | AKADEMIA WYCHOWANIA FIZYCZNEGO WE WROCŁAWIU | 88      | K1/1               | AMD/4     | (K)3        | 00:59:37    | 00:59:37           | 10.06         | 00:29:36 / 33 | 00:42:30 / 34 |
| 36           | 60     | OLAK ARTUR             | WAŁBRZYCH        | POL      |                                             | 84      | M1/15              | (M)33     | 00:59:43    | 00:59:43    | 10.05              | 00:30:36 / 44 | 00:43:29 / 41 |               |
| 37           | 111    | MAZUR KRZYSZTOF        | SZCZAWNO-ZDRÓJ   | POL      | MARATONYPOLSKIE.PL TEAM                     | 64      | M3/5               | (M)34     | 01:00:12    | 01:00:12    | 9.97               | 00:32:08 / 57 | 00:44:22 / 46 |               |
| 38           | 159    | KAŻMIEROWSKI KRZYSZTOF | OSTRÓW           |          | MARATON OSTRÓW WLKP.                        | 62      | M3/6               | (M)35     | 01:00:19    | 01:00:19    | 9.95               | 00:29:50 / 38 | 00:43:12 / 39 |               |
| 39           | 130    | WITKOWSKI TOMASZ       | LEWIN KŁODZKI    | POL      |                                             | 63      | M3/7               | (M)36     | 01:00:31    | 01:00:31    | 9.91               | 00:31:22 / 48 | 00:43:09 / 38 |               |
| 40           | 379    | MYSZKA BRONISŁAW       | JELCZ-LASKOWICE  | POL      |                                             | 59      | M3/8               | (M)37     | 01:00:36    | 01:00:36    | 9.90               | 00:29:41 / 35 | 00:43:05 / 37 |               |
| 41           | 293    | DUSZYŃSKI PIOTR        | WROCŁAW          | POL      |                                             | 74      | M2/6               | (M)38     | 01:00:39    | 01:00:39    | 9.89               | 00:30:34 / 43 | 00:43:03 / 36 |               |
| 42           | 54     | SONNEK ZENON           | SYCÓW            | POL      |                                             | 55      | M4/5               | (M)39     | 01:01:10    | 01:01:10    | 9.81               | 00:31:03 / 46 | 00:43:27 / 40 |               |
| 43           | 395    | LIS TOMASZ             |                  | POL      | POLITECHNIKA WROCŁAWSKA                     | 89      | M1/16              | AMD/5     | (M)40       | 01:01:16    | 01:01:16           | 9.79          | 00:29:01 / 28 | 00:43:45 / 43 |
| 44           | 392    | BUDZIŃSKI DAWID        | JANOWICE         | POL      | GÓRNIK WAŁBRZYCH                            | 93      |                    | (M)41     | 01:01:20    | 01:01:20    | 9.78               | 00:29:56 / 39 | 00:43:36 / 42 |               |
| 45           | 435    | HAŁDYS HENRYK          | BOGUSZÓW-GORC    | POL      |                                             | 46      | M5/4               | (M)42     | 01:01:30    | 01:01:30    | 9.76               | 00:30:22 / 42 | 00:44:00 / 45 |               |
| 46           | 336    | MUSUR ADAM             | OLEŚNICA         | POL      | PTTK PSIE POLE                              | 53      | M4/6               | (M)43     | 01:01:34    | 01:01:34    | 9.75               | 00:31:31 / 52 | 00:44:38 / 47 |               |
| 47           | 75     | BROŻYNA DARIUSZ        | WAŁBRZYCH        | POL      |                                             | 67      | M3/9               | (M)44     | 01:01:46    | 01:01:46    | 9.71               | 00:29:46 / 37 | 00:43:58 / 44 |               |
| 48           | 405    | WALKOWIAK JANUSZ       | CZARNY BÓR       | POL      |                                             | 55      | M4/7               | (M)45     | 01:02:00    | 01:02:00    | 9.68               | 00:32:32 / 59 | 00:45:55 / 61 |               |
| 49           | 98     | INGLOT JACEK           | JAWOR            | POL      | SPÓŁDZIELNIA INWALIDÓW IMPRODUS JAWOR       | 64      | M3/10              | (M)46     | 01:02:11    | 01:02:11    | 9.65               | 00:32:48 / 63 | 00:45:06 / 52 |               |
| 50           | 38     | OSTRYCHARZ MAREK       | WAŁBRZYCH        | POL      | UWM OLSZTYN                                 | 84      | M1/17              | (M)47     | 01:02:15    | 01:02:15    | 9.64               | 00:31:29 / 51 | 00:45:00 / 51 |               |
| 51           | 50     | PONIECKI JAN           | SYCÓW            | POL      |                                             | 46      | M5/5               | (M)48     | 01:02:19    | 01:02:19    | 9.63               | 00:31:33 / 53 | 00:45:10 / 54 |               |
| 52           | 189    | KRUK PIOTR             |                  | POL      | VICTORIA DUSZNIKI Z AWF WROCŁAW             | 86      | M1/18              | (M)49     | 01:02:19    | 01:02:19    | 9.63               | 00:31:52 / 56 | 00:45:09 / 53 |               |
| 53           | 144    | FIEDOROWICZ ANDRZEJ    | WAŁBRZYCH        | POL      |                                             | 58      | M4/8               | (M)50     | 01:02:31    | 01:02:31    | 9.60               | 00:31:28 / 50 | 00:44:58 / 50 |               |
| 54           | 62     | MARCINOWSKI EUGENIUSZ  | BIELAWA          | POL      | DĘBY WAŁBRZYCH                              | 56      | M4/9               | (M)51     | 01:02:46    | 01:02:46    | 9.56               | 00:32:47 / 62 | 00:45:14 / 55 |               |
| 55           | 277    | CZUBAJ DIONIZY         | ŚWIDNICA         | POL      | EMERYT                                      | 38      | M5/6               | (M)52     | 01:04:17    | 01:04:17    | 9.33               | 00:31:38 / 54 | 00:45:51 / 59 |               |
| 56           | 238    | SERWACZAK VIOLETTA     | JANOWICE         | POL      | URAN MNISZKÓW                               | 73      | K2/1               | (K)4      | 01:04:22    | 01:04:22    | 9.32               | 00:33:35 / 71 | 00:45:47 / 57 |               |
| 57           | 332    | WOJTAS KAMIL           | JAWORZYNA        | POL      | MKS KAROLINA                                | 92      | M1/19              | (M)53     | 01:04:23    | 01:04:23    | 9.32               | 00:29:57 / 40 | 00:44:57 / 49 |               |
| 58           | 236    | SERWACZAK MARIUSZ      | JANOWICE         | POL      | URAN MNISZKÓW                               | 69      | M2/7               | (M)54     | 01:04:34    | 01:04:34    | 9.29               | 00:33:27 / 69 | 00:45:49 / 58 |               |
| 59           | 239    | CHORAŻY PIOTR          | JANOWICE         | POL      | URAN MNISZKÓW                               | 71      | M2/8               | (M)55     | 01:04:34    | 01:04:34    | 9.29               | 00:33:37 / 72 | 00:45:52 / 60 |               |
| 60           | 260    | SAWICKI GRZEGORZ       | DZIERŻONIÓW      | POL      | BRATERSI DZIERŻONIÓW                        | 91      | M1/20              | (M)56     | 01:04:46    | 01:04:46    | 9.26               | 00:31:27 / 49 | 00:45:17 / 56 |               |
| 61           | 177    | SZYMAŃSKI PIOTR        | ŚWIEBODZICE      | POL      | SANDAŁY JUDASZA POLITECHNIKA WROCŁAWSKA     | 85      | M1/21              | (M)57     | 01:04:53    | 01:04:53    | 9.25               | 00:32:34 / 60 | 00:46:52 / 65 |               |
| 62           | 146    | WAWRZYŃIAK KATARZYNA   | OSTRÓW -         | POL      | MARATON OSTRÓW WLKP.                        | 69      | K3/3               | (K)5      | 01:04:53    | 01:04:53    | 9.25               | 00:33:26 / 68 | 00:46:07 / 63 |               |
| 63           | 35     | KŁĄCZYŃSKA NATALIA     | WAŁBRZYCH        | POL      |                                             | 73      | K2/2               | (K)6      | 01:05:01    | 01:05:01    | 9.23               | 00:31:50 / 55 | 00:46:38 / 64 |               |
| 64           | 234    | TETKE MACIEJ           | WAŁBRZYCH        | POL      | SANDAŁY JUDASZA WYŻSZA SZKOŁA HANDLOWA      | 85      | M1/22              | (M)58     | 01:05:22    | 01:05:22    | 9.18               | 00:32:41 / 61 | 00:47:07 / 66 |               |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                       | R-k<br>YoB | W kategorii<br>in Age | Grupy<br>Group | Sex   | Wynik<br>Total | Wynik<br>Netto | [km/h] | Międzyczasy    | Check points   |
|-----------------|-----------|-------------------------|---------------------|-------------|---------------------------------------|------------|-----------------------|----------------|-------|----------------|----------------|--------|----------------|----------------|
| WROCLAW         |           |                         |                     |             |                                       |            |                       |                |       |                |                |        |                |                |
| 65              | 185       | JAWORSKI MICHAŁ         |                     | POL         | N                                     | 86         | M1/23                 |                | (M)59 | 01:05:26       | 01:05:26       | 9.17   | 00:32:10 / 58  | 00:48:29 / 74  |
| 66              | 298       | JABŁONOWSKI             | WAŁBRZYCH           | POL         |                                       | 80         | M1/24                 |                | (M)60 | 01:05:35       | 01:05:35       | 9.15   | 00:34:26 / 78  | 00:48:05 / 72  |
| ALEKSANDER      |           |                         |                     |             |                                       |            |                       |                |       |                |                |        |                |                |
| 67              | 302       | HANISZEWSKI BŁAŻEJ      | RATOWICE            | POL         |                                       | 89         | M1/25                 |                | (M)61 | 01:05:37       | 01:05:37       | 9.14   | 00:31:20 / 47  | 00:46:00 / 62  |
| 68              | 334       | CZPLINSKI JAN           | OLEŚNICA            | POL         |                                       | 54         | M4/10                 |                | (M)62 | 01:05:40       | 01:05:40       | 9.14   | 00:33:24 / 67  | 00:47:24 / 69  |
| 69              | 363       | ALCHIMOWICZ ROMAN       | ZŁOTYN STOK         | POL         | ALBINOŚY ŻŁOTE                        | 51         | M4/11                 |                | (M)63 | 01:05:53       | 01:05:53       | 9.11   | 00:33:21 / 65  | 00:47:23 / 68  |
| 70              | 353       | PIASTA BARBARA          | BRÓJCE              | POL         | GLKS MIAZGA                           | 92         | K1/2                  |                | (K)7  | 01:06:53       | 01:06:53       | 8.97   |                | 00:47:18 / 67  |
| 71              | 237       | ALCHIMOWICZ ZBIGNIEW    | ZŁOTY STOK          | POL         | ALBINOŚY ŻŁOTE                        | 48         | M5/7                  |                | (M)64 | 01:06:59       | 01:06:59       | 8.96   | 00:33:54 / 75  | 00:47:36 / 71  |
| 72              | 131       | SZYMAŃSKI PRZEMYSŁAW    | ŻMIGRÓD             | POL         | ALLE JAZDA                            | 67         | M3/11                 |                | (M)65 | 01:07:04       | 01:07:04       | 8.95   | 00:35:20 / 86  | 00:49:19 / 80  |
| 73              | 142       | ILNICKI EDMUND          | GLUCHOŁAZY          | POL         |                                       | 54         | M4/12                 |                | (M)66 | 01:08:01       | 01:08:01       | 8.82   | 00:33:33 / 70  | 00:48:22 / 73  |
| 74              | 22        | URBANSKI PIOTR          | BOGUSZÓW            | POL         |                                       | 66         | M3/12                 |                | (M)67 | 01:08:05       | 01:08:05       | 8.81   | 00:30:51 / 45  | 00:44:56 / 48  |
| 75              | 391       | KWIECIŃKA JUSTYNA       | WAŁBRZYCH           | POL         |                                       | 93         |                       |                | (K)8  | 01:08:08       | 01:08:08       | 8.81   | 00:34:13 / 76  | 00:49:29 / 82  |
| 76              | 99        | PASEK JÓZEF             | JAWOR               | POL         | SPÓŁDZIELNIA INWALIDÓW IMPRODUS JAWOR | 51         | M4/13                 |                | (M)68 | 01:08:10       | 01:08:10       | 8.80   | 00:34:23 / 77  | 00:48:31 / 75  |
| 77              | 72        | DROŹDZIK PAWEŁ          | NYSA                | POL         |                                       | 77         | M2/9                  |                | (M)69 | 01:08:12       | 01:08:12       | 8.80   | 00:34:30 / 79  | 00:50:06 / 89  |
| 78              | 18        | WASZCZUK SŁAWOMIR       | WAŁBRZYCH           | POL         |                                       | 59         | M3/13                 |                | (M)70 | 01:08:14       | 01:08:14       | 8.79   | 00:36:51 / 96  | 00:49:42 / 85  |
| 79              | 358       | BEDNARZ JOLANTA         | BRÓJCE              | POL         | GLKS MIAZGA                           | 73         | K2/3                  |                | (K)9  | 01:08:16       | 01:08:16       | 8.79   | 00:35:15 / 83  | 00:48:42 / 77  |
| 80              | 163       | ŻUK JÓZEF               | WAŁBRZYCH           | POL         |                                       | 40         | M5/8                  |                | (M)71 | 01:08:18       | 01:08:18       | 8.78   | 00:35:18 / 84  | 00:48:54 / 78  |
| 81              | 256       | ALCHIMOWICZ HENRYK      | ZŁOTY STOK          | POL         | ALBINOŚY ŻŁOTE                        | 57         | M4/14                 |                | (M)72 | 01:08:37       | 01:08:37       | 8.74   |                | 00:49:35 / 84  |
| 82              | 191       | KOSTKA KRZYSZTOF        | WSCHOWA             | POL         | POLITECHNIKA WROCLAWSKA               | 55         | M4/15                 |                | (M)73 | 01:08:40       | 01:08:40       | 8.74   | 00:33:10 / 64  | 00:47:34 / 70  |
| 83              | 180       | PUCHACZ MIROSŁAW        | WAŁBRZYCH           | POL         | NIEZRZESZONY                          | 63         | M3/14                 |                | (M)74 | 01:08:44       | 01:08:44       | 8.73   | 00:35:19 / 85  | 00:49:51 / 86  |
| 84              | 136       | GURGUL RYSZARD          | WAŁBRZYCH           | POL         | DĘBY WAŁBRZYCH EMERYT                 | 55         | M4/16                 |                | (M)75 | 01:09:01       | 01:09:01       | 8.69   | 00:35:59 / 91  | 00:51:13 / 98  |
| 85              | 303       | HANISZEWSKI BARTŁOMIEJ  | RATOWICE            | POL         |                                       | 91         | M1/26                 |                | (M)76 | 01:09:19       | 01:09:19       | 8.66   |                | 00:50:00 / 88  |
| 86              | 31        | SOKOŁOWSKI PAWEŁ        | WAŁBRZYCH           | POL         |                                       | 77         | M2/10                 |                | (M)77 | 01:09:20       | 01:09:20       | 8.65   | 00:36:56 / 98  | 00:50:47 / 95  |
| 87              | 385       | LEHKI RYSZARD           | STRZEGOM            | POL         |                                       | 55         | M4/17                 |                | (M)78 | 01:09:21       | 01:09:21       | 8.65   | 00:33:40 / 74  | 00:49:21 / 81  |
| 88              | 309       | KRET BARTŁOMIEJ         | RATOWICE            | POL         |                                       | 92         | M1/27                 |                | (M)79 | 01:09:23       | 01:09:23       | 8.65   | 00:35:30 / 89  | 00:50:24 / 93  |
| 89              | 324       | JANOTA JAN              |                     | POL         | NA PRZELAJ-BRZEG                      | 59         | M3/15                 |                | (M)80 | 01:09:28       | 01:09:28       | 8.64   | 00:35:04 / 81  | 00:49:17 / 79  |
| 90              | 383       | BACAŃSKI MIROSŁAW       | WAŁBRZYCH           | POL         |                                       | 56         | M4/18                 |                | (M)81 | 01:09:55       | 01:09:55       | 8.58   | 00:35:12 / 82  | 00:50:58 / 96  |
| 91              | 285       | WRÓBEL PATRYK           | GLUCHOŁAZY          | POL         |                                       | 92         | M1/28                 |                | (M)82 | 01:10:26       | 01:10:26       | 8.52   | 00:33:38 / 73  | 00:49:31 / 83  |
| 92              | 101       | GAWROŃSKI WIESŁAW       | JAWOR               | POL         | SPÓŁDZIELNIA INWALIDÓW IMPRODUS JAWOR | 62         | M3/16                 |                | (M)83 | 01:10:29       | 01:10:29       | 8.51   | 00:35:22 / 87  | 00:50:13 / 90  |
| 93              | 188       | ZIEMBA KRZYSZTOF        | OPOLE               | POL         | POLITECHNIKA OPOLSKA                  | 69         | M2/11                 |                | (M)84 | 01:10:54       | 01:10:54       | 8.46   | 00:36:36 / 94  | 00:51:29 / 99  |
| 94              | 366       | SZCZEPEK TADEUSZ        | HENRYKÓW            | POL         |                                       | 53         | M4/19                 |                | (M)85 | 01:10:57       | 01:10:57       | 8.46   | 00:34:49 / 80  | 00:48:33 / 76  |
| 95              | 441       | GAWROŃSKI MARIAN        | DZIERŻONIÓW         | POL         |                                       | 57         | M4/20                 |                | (M)86 | 01:10:59       | 01:10:59       | 8.45   | 00:37:17 / 102 | 00:51:03 / 97  |
| 96              | 110       | SAJDŁOWSKI JAROSŁAW     |                     | POL         |                                       | 69         | M2/12                 |                | (M)87 | 01:11:33       | 01:11:33       | 8.39   | 00:37:14 / 101 | 00:52:34 / 103 |
| 97              | 84        | STANIEWSKI EUGENIUSZ    | ZGORZELEC           | POL         |                                       | 51         | M4/21                 |                | (M)88 | 01:11:38       | 01:11:38       | 8.38   | 00:35:36 / 90  | 00:50:20 / 92  |
| 98              | 297       | JEDNORÓG ZBIGNIEW       | OLEŚNICA            | POL         |                                       | 69         | M2/13                 |                | (M)89 | 01:11:40       | 01:11:40       | 8.37   | 00:37:20 / 103 | 00:53:18 / 107 |
| 99              | 396       | LIS PIOTR               |                     | POL         | OBORNIKA ŚLĄSKIE                      | 59         | M3/17                 |                | (M)90 | 01:11:40       | 01:11:40       | 8.37   | 00:35:28 / 88  | 00:50:17 / 91  |
| 100             | 122       | BILSKI ZBIGNIEW         | GLUCHOŁAZY          | POL         |                                       | 52         | M4/22                 |                | (M)91 | 01:12:06       | 01:12:06       | 8.32   | 00:33:23 / 66  | 00:49:59 / 87  |
| 101             | 175       | NOGA RYSZARD            | KAMIENNA GÓRA       | POL         |                                       | 65         | M3/18                 |                | (M)92 | 01:13:46       | 01:13:46       | 8.13   | 00:37:34 / 104 | 00:52:43 / 105 |
| 102             | 359       | PIECH JAROSŁAW          | BRÓJCE              | POL         | GLKS MIAZGA                           | 62         | M3/19                 |                | (M)93 | 01:13:58       | 01:13:58       | 8.11   | 00:36:26 / 92  | 00:52:31 / 102 |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name            | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                                                                   | R-k<br>YoB | W kategorii<br>in Age | Grupy<br>Group | Sex    | Wynik<br>Total  | Wynik<br>Netto | [km/h] | Międzyczasy    | Check points   |
|-----------------|-----------|------------------------------------|---------------------|-------------|-----------------------------------------------------------------------------------|------------|-----------------------|----------------|--------|-----------------|----------------|--------|----------------|----------------|
| 103             | 118       | <b>SOBKOWIAK JAROSŁAW</b>          | WROCLAW             | POL         |                                                                                   | 58         | M4/23                 |                | (M)94  | <b>01:14:16</b> | 01:14:16       | 8.08   | 00:36:59 / 99  | 00:52:02 / 100 |
| 104             | 301       | <b>HANISZEWSKA JUSTYNA</b>         | RATOWICE            | POL         | AWF WROCLAW                                                                       | 87         | K1/3                  |                | (K)10  | <b>01:14:21</b> | 01:14:21       | 8.07   | 00:37:05 / 100 | 00:52:38 / 104 |
| 105             | 56        | <b>DENIS BOGDAN</b>                | WALBRZYCH           | POL         |                                                                                   | 66         | M3/20                 |                | (M)95  | <b>01:14:25</b> | 01:14:25       | 8.06   | 00:36:41 / 95  | 00:52:52 / 106 |
| 106             | 109       | <b>KAMIŃSKI JÓZEF</b>              | WALBRZYCH           | POL         |                                                                                   | 51         | M4/24                 |                | (M)96  | <b>01:14:27</b> | 01:14:27       | 8.06   | 00:36:32 / 93  | 00:52:10 / 101 |
| 107             | 168       | <b>MORYL BOLESŁAW</b>              | JAWORZYNA           |             | KOŁO PTTK ZARODREPTAKI                                                            | 52         | M4/25                 |                | (M)97  | <b>01:15:29</b> | 01:15:29       | 7.95   | 00:38:45 / 111 | 00:54:22 / 109 |
| 108             | 229       | <b>BOCZKOWSKI KRZYSZTOF</b>        | OLAWA               | POL         |                                                                                   | 57         | M4/26                 |                | (M)98  | <b>01:15:48</b> | 01:15:48       | 7.92   | 00:37:58 / 106 | 00:54:34 / 110 |
| 109             | 400       | <b>SZYMAŃSKI EUGENIUSZ</b>         | LEGNICA             | POL         |                                                                                   | 33         | M5/9                  |                | (M)99  | <b>01:16:47</b> | 01:16:47       | 7.81   | 00:38:05 / 107 | 00:54:47 / 111 |
| 110             | 356       | <b>DULA ANNA</b>                   | BRÓJCE              | POL         | GLKS MIAZGA                                                                       | 87         | K1/4                  |                | (K)11  | <b>01:16:56</b> | 01:16:56       | 7.80   | 00:38:44 / 110 | 00:53:23 / 108 |
| 111             | 119       | <b>SOBKOWIAK MAREK</b>             | WROCLAW             | POL         |                                                                                   | 58         | M4/27                 |                | (M)100 | <b>01:17:33</b> | 01:17:33       | 7.74   |                | 00:56:21 / 114 |
| 112             | 193       | <b>KORYCIŃSKA JADWIGA</b>          | SZKLARSKA           | POL         |                                                                                   | 53         | K3/4                  |                | (K)12  | <b>01:17:34</b> | 01:17:34       | 7.74   | 00:38:33 / 109 | 00:55:19 / 113 |
| 113             | 155       | <b>MACIUKIEWICZ BARBARA</b>        | WROCLAW             | POL         | SPORTIMA SZKOŁA POLICEALNA PRACOWNIKÓW<br>SŁUŻB SPOŁECZNYCH-TERAPEUTYKA ZAJĘCIOWA | 89         | K1/5                  |                | (K)13  | <b>01:19:14</b> | 01:19:14       | 7.57   |                | 00:54:54 / 112 |
| 114             | 42        | <b>MISIAK ADAM</b>                 | GŁOWIENKA           | POL         |                                                                                   | 52         | M4/28                 |                | (M)101 | <b>01:20:17</b> | 01:20:17       | 7.47   | 00:41:38 / 123 | 00:56:25 / 115 |
| 115             | 36        | <b>STANOCH EDWARD</b>              | WARSZAWA            | POL         |                                                                                   | 71         | M2/14                 |                | (M)102 | <b>01:20:40</b> | 01:20:40       | 7.44   | 00:38:53 / 112 | 00:58:07 / 118 |
| 116             | 357       | <b>MARGAS MAŁGORZATA</b>           | BRÓJCE              | POL         | GLKS MIAZGA                                                                       | 85         | K1/6                  |                | (K)14  | <b>01:20:49</b> | 01:20:49       | 7.42   | 00:42:45 / 128 | 00:58:31 / 122 |
| 117             | 426       | <b>BYLCZYŃSKI ANDRZEJ</b>          | LEGNICA             | POL         |                                                                                   | 54         | M4/29                 |                | (M)103 | <b>01:21:02</b> | 01:21:02       | 7.40   | 00:40:45 / 119 | 00:58:48 / 123 |
| 118             | 204       | <b>MAŁKOWSKA ZOFIA</b>             | WARSZAWA            | POL         |                                                                                   | 49         | K3/5                  |                | (K)15  | <b>01:21:06</b> | 01:21:06       | 7.40   | 00:43:07 / 129 | 01:00:42 / 129 |
| 119             | 406       | <b>DŁUGOSZ ALEKSANDER</b>          | SĘDZISŁAW           | POL         |                                                                                   | 54         | M4/30                 |                | (M)104 | <b>01:21:47</b> | 01:21:47       | 7.34   | 00:40:29 / 118 | 01:00:04 / 126 |
| 120             | 174       | <b>KARPINSKI LUKASZ</b>            |                     | POL         |                                                                                   | 81         | M1/29                 |                | (M)105 | <b>01:22:14</b> | 01:22:14       | 7.30   | 00:40:19 / 117 | 00:59:18 / 124 |
| 121             | 300       | <b>HANISZEWSKA LIDIA</b>           | RATOWICE            | POL         |                                                                                   | 58         | K3/6                  |                | (K)16  | <b>01:22:57</b> | 01:22:57       | 7.23   | 00:40:16 / 116 | 00:58:11 / 120 |
| 122             | 34        | <b>KŁĄCZYŃSKI EDWARD</b>           | WALBRZYCH           | POL         |                                                                                   | 43         | M5/10                 |                | (M)106 | <b>01:23:19</b> | 01:23:19       | 7.20   | 00:39:14 / 115 | 00:57:04 / 116 |
| 123             | 436       | <b>CICHOSZEWSKI<br/>MIECZYŚŁAW</b> | PRZEMKÓW            | POL         |                                                                                   | 65         | M3/21                 |                | (M)107 | <b>01:23:42</b> | 01:23:42       | 7.17   |                | 00:58:01 / 117 |
| 124             | 408       | <b>FEDOROWICZ ANDRZEJ</b>          | BIELAWA             | POL         |                                                                                   | 59         | M3/22                 |                | (M)108 | <b>01:23:51</b> | 01:23:51       | 7.16   | 00:44:47 / 140 | 01:00:12 / 127 |
| 125             | 325       | <b>PIKSA KAZIMIERZ</b>             | BRZEG               | POL         |                                                                                   | 49         | M5/11                 |                | (M)109 | <b>01:24:01</b> | 01:24:01       | 7.14   | 00:38:11 / 108 | 00:59:43 / 125 |
| 126             | 169       | <b>MACZUBA TADEUSZ</b>             | WALBRZYCH           | POL         | NIEZRZESZONY                                                                      | 37         | M5/12                 |                | (M)110 | <b>01:24:47</b> | 01:24:47       | 7.08   |                | 00:58:26 / 121 |
| 127             | 153       | <b>KUŚ ZBIGNIEW</b>                | DZIERŻONIÓW         | POL         | BRATERSI DZIERŻONIÓW                                                              | 56         | M4/31                 |                | (M)111 | <b>01:25:10</b> | 01:25:10       | 7.05   | 00:41:03 / 121 | 01:00:19 / 128 |
| 128             | 73        | <b>ILKÓW JAN</b>                   | LEGNICA             |             |                                                                                   | 66         | M3/23                 |                | (M)112 | <b>01:25:40</b> | 01:25:40       | 7.00   | 00:39:04 / 114 | 01:02:29 / 135 |
| 129             | 233       | <b>SPYCHAŁSKI KRZYSZOF</b>         | LEGNICA             | POL         | ZSB LEGNICA                                                                       | 80         | M1/30                 |                | (M)113 | <b>01:27:03</b> | 01:27:03       | 6.89   | 01:03:59 / 162 | 01:13:31 / 156 |
| 130             | 292       | <b>BYZIA PIOTR</b>                 | OSTRÓW              | POL         | UNIwersytet Ekonomiczny we Wrocławiu                                              | 87         | M1/31                 |                | (M)114 | <b>01:27:20</b> | 01:27:20       | 6.87   | 00:43:27 / 131 | 01:01:59 / 132 |
| 131             | 19        | <b>WILCZAK EDWARD</b>              | LEGNICA             | POL         |                                                                                   | 58         | M4/32                 |                | (M)115 | <b>01:27:52</b> | 01:27:52       | 6.83   | 00:44:16 / 135 | 01:03:49 / 138 |
| 132             | 399       | <b>STETTNER ANDRZEJ</b>            | JELENIA GÓRA        | POL         |                                                                                   | 55         | M4/33                 |                | (M)116 | <b>01:28:03</b> | 01:28:03       | 6.81   | 00:43:49 / 132 | 01:02:50 / 136 |
| 133             | 161       | <b>SZPILAREWICZ<br/>ALEKSANDER</b> | WALBRZYCH           | POL         |                                                                                   | 35         | M5/13                 |                | (M)117 | <b>01:28:18</b> | 01:28:18       | 6.80   | 01:06:27 / 164 |                |
| 134             | 152       | <b>WIDZIŃSKI ARTUR</b>             | OSTRÓW WLKP         | POL         | KS MARATON OSTRÓW WLKP PWSZ KALISZ                                                | 85         | M1/32                 |                | (M)118 | <b>01:28:28</b> | 01:28:28       | 6.78   | 00:39:02 / 113 | 01:01:46 / 130 |
| 135             | 409       | <b>SIKORA MARIUSZ</b>              | DZIERŻONIÓW         | POL         |                                                                                   | 61         | M3/24                 |                | (M)119 | <b>01:28:32</b> | 01:28:32       | 6.78   | 00:42:21 / 126 | 01:05:11 / 140 |
| 136             | 281       | <b>KASPRZAK STEFAN</b>             | WALBRZYCH           | POL         |                                                                                   | 30         | M5/14                 |                | (M)120 | <b>01:28:37</b> | 01:28:37       | 6.77   | 00:43:08 / 130 | 01:01:56 / 131 |
| 137             | 394       | <b>MEDYŃSKI WOJCIECH</b>           | KRZELÓW             | POL         |                                                                                   | 70         | M2/15                 |                | (M)121 | <b>01:28:39</b> | 01:28:39       | 6.77   | 00:45:51 / 147 | 01:03:06 / 137 |
| 138             | 333       | <b>SABCZAK RENATA</b>              | OLEŚNICA            | POL         |                                                                                   | 53         | K3/7                  |                | (K)17  | <b>01:28:50</b> | 01:28:50       | 6.75   | 00:45:01 / 141 | 01:04:06 / 139 |
| 139             | 41        | <b>KLUBA RAFAŁ</b>                 | WALBRZYCH           | POL         | PWSZIMANGELUSA SILESIIUSA                                                         | 88         | M1/33                 | AMD/6          | (M)122 | <b>01:29:09</b> | 01:29:09       | 6.73   | 00:44:02 / 133 | 01:02:04 / 133 |

| Miejsce<br>Rank | Nr<br>Bib | Nazwisko i imię<br>Name              | Miejscowość<br>City | Kraj<br>Nat | Drużyna<br>Team                       | R-k<br>YoB | W kategorii<br>in Age | Grupy<br>Group | Sex | Wynik<br>Total  | Wynik<br>Netto | [km/h] | Międzyczasy    | Check points   |
|-----------------|-----------|--------------------------------------|---------------------|-------------|---------------------------------------|------------|-----------------------|----------------|-----|-----------------|----------------|--------|----------------|----------------|
| 140             | 91        | <b>POPOWICZ TADEUSZ</b>              | LEGNICA             | POL         | LITBN LEGNICA EMERYT                  | 47         | M5/15                 | (M)123         |     | <b>01:29:21</b> | 01:29:21       | 6.72   | 00:40:57 / 120 | 01:02:18 / 134 |
| 141             | 100       | <b>KUŚMIERCZYK ADAM</b>              | JAWOR               | POL         | SPÓŁDZIELNIA INWALIDÓW IMPRODUS JAWOR | 56         | M4/34                 | (M)124         |     | <b>01:30:23</b> | 01:30:23       | 6.64   | 00:42:29 / 127 | 01:06:31 / 143 |
| 142             | 165       | <b>KONOPACKI KRZYSZTOF</b>           | ŻARÓW               |             | KOŁO PTTK ŻARODREPTAKI                | 64         | M3/25                 | (M)125         |     | <b>01:31:43</b> | 01:31:43       | 6.54   |                |                |
| 143             | 162       | <b>PISARSKA-STEFANOW<br/>BARBARA</b> | WAŁBRZYCH           | POL         |                                       | 43         | K3/8                  | (K)18          |     | <b>01:32:11</b> | 01:32:11       | 6.51   | 00:45:18 / 145 | 01:05:58 / 142 |
| 144             | 330       | <b>LEREK MIECZYŚLAW</b>              | JAWORZYNA           | POL         |                                       | 52         | M4/35                 | (M)126         |     | <b>01:32:38</b> | 01:32:38       | 6.48   | 00:44:29 / 137 | 01:08:17 / 151 |
| 145             | 282       | <b>RANOWICZ BARTŁOMIEJ</b>           | WAŁBRZYCH           | POL         |                                       | 45         | M5/16                 | (M)127         |     | <b>01:33:31</b> | 01:33:31       | 6.42   | 00:45:11 / 144 | 01:06:39 / 144 |
| 146             | 337       | <b>BURZYŃSKI PAWEŁ</b>               | WAŁBRZYCH           | POL         |                                       | 92         | M1/34                 | (M)128         |     | <b>01:34:06</b> | 01:34:06       | 6.38   | 00:37:49 / 105 | 00:58:10 / 119 |
| 147             | 182       | <b>BANICKA-PRUGAR MONIKA</b>         | NADARZYN            | POL         | ALLE JAZDA                            | 76         | K2/4                  | (K)19          |     | <b>01:34:55</b> | 01:34:55       | 6.32   | 00:45:11 / 143 | 01:07:04 / 145 |
| 148             | 184       | <b>BANICKA SABINA</b>                | NOWY SĄCZ           | POL         | ALLE JAZDA                            | 75         | K2/5                  | (K)20          |     | <b>01:35:01</b> | 01:35:01       | 6.31   | 00:45:06 / 142 | 01:07:05 / 146 |
| 149             | 449       | <b>KUCHARSKI KRZYSZTOF</b>           | GŁOGÓW              | POL         | TKKF HUTNIK GŁOGÓW BYŁY STUDENT UMK.  | 80         | M1/35                 | (M)129         |     | <b>01:35:09</b> | 01:35:09       | 6.31   | 00:44:42 / 139 | 01:07:37 / 150 |
| 150             | 134       | <b>GLIWA MACIEJ</b>                  | WLEŃ                | POL         | ALLE JAZDA                            | 67         | M3/26                 | (M)130         |     | <b>01:35:15</b> | 01:35:15       | 6.30   | 00:47:04 / 149 | 01:07:21 / 148 |
| 151             | 179       | <b>CHALIMONIUK-NOWAK<br/>MARTA</b>   | NYSA                | POL         |                                       | 76         | K2/6                  | (K)21          |     | <b>01:35:56</b> | 01:35:56       | 6.25   | 00:41:13 / 122 | 01:05:19 / 141 |
| 152             | 29        | <b>KAŹMIERCZAK KRZYSZTOF</b>         | WAŁBRZYCH           | POL         | PWSZ WAŁBRZYCH                        | 86         | M1/36                 | (M)131         |     | <b>01:36:01</b> | 01:36:01       | 6.25   | 00:36:56 / 97  | 00:50:47 / 94  |
| 153             | 121       | <b>CHMIEL JERZY</b>                  | GLUCHOŁĄZY          | POL         | PTTK GLUCHOŁĄZY                       | 49         | M5/17                 | (M)132         |     | <b>01:37:37</b> | 01:37:37       | 6.15   | 00:42:16 / 124 | 01:07:17 / 147 |
| 154             | 125       | <b>SZTEGRYN MARIAN</b>               |                     | POL         |                                       | 37         | M5/18                 | (M)133         |     | <b>01:37:52</b> | 01:37:52       | 6.13   | 00:42:19 / 125 | 01:07:34 / 149 |
| 155             | 338       | <b>BURZYŃSKI MAREK</b>               | WAŁBRZYCH           | POL         | SZKOŁA PODSTAWOWA NR 30               | 98         |                       | (M)134         |     | <b>01:39:29</b> | 01:39:29       | 6.03   | 00:44:27 / 136 | 01:08:53 / 153 |
| 156             | 339       | <b>MYŚLIWY ZDZISŁAW</b>              | WAŁBRZYCH           | POL         |                                       | 51         | M4/36                 | (M)135         |     | <b>01:39:36</b> | 01:39:36       | 6.02   | 00:44:29 / 138 | 01:08:52 / 152 |
| 157             | 378       | <b>ZAJĘC ZBIGNIEW</b>                | OPOLE               | POL         |                                       | 74         | M2/16                 | (M)136         |     | <b>01:41:00</b> | 01:41:00       | 5.94   | 00:50:42 / 153 | 01:13:56 / 157 |
| 158             | 203       | <b>KĘPCZYŃSKI</b>                    | OŻARÓW              | POL         | GOSIR OŻARÓW                          | 49         | M5/19                 | (M)137         |     | <b>01:42:23</b> | 01:42:23       | 5.86   | 00:53:18 / 156 | 01:13:21 / 155 |
| 159             | 102       | <b>GNIEWEK WOJCIECH</b>              | JAWOR               | POL         | SPÓŁDZIELNIA INWALIDÓW IMPRODUS JAWOR | 49         | M5/20                 | (M)138         |     | <b>01:44:20</b> | 01:44:20       | 5.75   | 00:49:41 / 151 | 01:11:46 / 154 |
| 160             | 81        | <b>JEDNORÓG JÓZEF</b>                | OLEŚNICA            | POL         |                                       | 43         | M5/21                 | (M)139         |     | <b>01:46:29</b> | 01:46:29       | 5.63   | 00:51:39 / 154 | 01:14:07 / 158 |
| 161             | 284       | <b>RANOWICZ SŁAWOMIR</b>             | SZCZWNÓ-ZDRÓJ       | POL         |                                       | 79         | M1/37                 | (M)140         |     | <b>01:50:50</b> | 01:50:50       | 5.41   | 00:57:24 / 158 | 01:19:06 / 161 |
| 162             | 199       | <b>KARPINSKI RYSZARD</b>             |                     | POL         |                                       | 91         | M1/38                 | (M)141         |     | <b>01:50:56</b> | 01:50:56       | 5.41   | 00:48:20 / 150 | 01:17:02 / 160 |
| 163             | 355       | <b>WÓJT ANETA</b>                    | BRÓJCE              | POL         | GLKS MIAZGA                           | 74         | K2/7                  | (K)22          |     | <b>01:53:14</b> | 01:53:14       | 5.30   | 00:45:48 / 146 | 01:16:23 / 159 |
| 164             | 172       | <b>ZAJICZEK BOLESŁAW</b>             | MILICZ              | POL         | LZS BARYCZANIE MILICZ                 | 30         | M5/22                 | (M)142         |     | <b>01:54:04</b> | 01:54:04       | 5.26   | 00:50:02 / 152 | 01:19:46 / 163 |
| 165             | 327       | <b>KRZEMIŃSKI MAREK</b>              | WROCŁAW             | POL         |                                       | 54         | M4/37                 | (M)143         |     | <b>01:54:27</b> | 01:54:27       | 5.24   | 00:45:58 / 148 | 01:20:47 / 164 |
| 166             | 373       | <b>STAWIARSKI ADAM</b>               | WROCŁAW             | POL         |                                       | 59         | M3/27                 | (M)144         |     | <b>01:55:43</b> | 01:55:43       | 5.19   | 00:44:06 / 134 | 01:21:53 / 165 |
| 167             | 51        | <b>ORŁOWSKI WIESŁAW</b>              | WROCŁAW             | POL         |                                       | 53         | M4/38                 | (M)145         |     | <b>01:57:23</b> | 01:57:23       | 5.11   | 00:52:17 / 155 | 01:19:39 / 162 |
| 168             | 381       | <b>SZYMAŃSKI ZBIGNIEW</b>            |                     | POL         | ŚWIEBODZICE                           | 48         | M5/23                 | (M)146         |     | <b>02:03:11</b> | 02:03:11       | 4.87   | 00:58:22 / 159 | 01:31:26 / 167 |
| 169             | 90        | <b>TYBORSKA WERONIKA</b>             | WAŁBRZYCH           | POL         | WKB PODZAMCZE                         | 76         | K2/8                  | (K)23          |     | <b>02:03:42</b> | 02:03:42       | 4.85   | 00:58:32 / 160 | 01:29:35 / 166 |
| 170             | 407       | <b>FEDOROWICZ GRAŻYNA</b>            | BIELAWA             | POL         |                                       | 59         | K3/9                  | (K)24          |     | <b>02:05:31</b> | 02:05:31       | 4.78   | 00:59:24 / 161 | 01:32:27 / 169 |
| 171             | 443       | <b>NAPIERAŁA JADWIGA</b>             | GOSTYŃ              | POL         |                                       | 57         | K3/10                 | (K)25          |     | <b>02:24:38</b> | 02:24:38       | 4.15   | 01:06:07 / 163 | 01:45:46 / 170 |
| 172             | 262       | <b>POLAKOWSKA IWONA</b>              | WAŁBRZYCH           | POL         |                                       | 55         | K3/11                 | (K)26          |     | <b>02:24:55</b> | 02:24:55       | 4.14   | 01:07:26 / 165 | 01:45:49 / 171 |
| 173             | 71        | <b>KOWALCZYK TADEUSZ</b>             | WROCŁAW             | POL         | POLITECHNIKA WROCŁAWSKA               | 50         | M4/39                 | (M)147         |     | <b>02:25:00</b> | 02:25:00       | 4.14   | 00:56:35 / 157 | 01:32:26 / 168 |